



## IMPLANT CONSENT FORM

This is to confirm that I am happy with Dr. Alison Wissman going ahead with the placement of a dental implant in my jaw. The procedures, reasonable expectations, and potential risks have been thoroughly explained. I have had time to consider this procedure and discuss concerns.

I understand that this is an elective procedure and that there are alternatives.

I understand the method of placing a dental implant (or implants), how long dental implant surgery takes, and what can be expected on that day. I consent to the use of supplemental bone grafts if necessary. I have written instructions and contact numbers in case I need assistance.

I understand that there are variables that may affect the planned surgery, the time of healing and implant integration, and the time until the implant can be restored.

I understand that there are risks to this procedure that include pain, infection, numbness, and implant failure. There are many small components involved and there is a risk that these can be swallowed or inhaled. If any components feel loose or come off I will contact the Dental Implant Surgery Clinic at once.

I understand what I need to do before and after the surgery and subsequent restoration.

I understand that implants can look and feel different from real teeth and can take time to settle in. I understand that they may need maintenance in the long term.

I have had the opportunity to ask questions. The fees for this treatment and subsequent restoration have been discussed and understood.

Dr. Alison Wissman Signature:

Patient Signature:

Patient Name:

Date:



## IMPLANT FIXTURE PLACEMENT

### Pre-Op Instructions

#### Before the Surgery

- Please collect your prescribed antibiotics beforehand.
- On the night before your procedure, rinse for 30 seconds with Savacol Mouthwash.
- In the morning have a substantial meal. You should start taking your prescribed antibiotics with this breakfast; they will help prevent infection.
- Make sure you have a supply of basic analgesics like Panadol or Nurofen.
- Brush your teeth thoroughly, then rinse for 30 seconds with Savacol Mouthwash.
- To lessen the amount of bacteria around the mouth we recommend that you do not apply any moisturiser or makeup. Men should shave to lower the risk of contamination.
- Do not wear earrings or facial jewellery. Dress in loose, comfortable clothing.

Please have a responsible person with you on the day of the surgery. It is very important for this person to remain in the waiting room until you are ready to leave. (Most surgeries do not last more than an hour.) We also recommend that somebody remain with you throughout the day.

#### At the Surgery

We will place the implant as we discussed - under local anaesthesia. You will feel pressure and vibration while we work, but there will be no pain. After the procedure we will arrange your follow-up appointments, go over any questions you may have, and give advice as needed. Please contact us if you have concerns.





## IMPLANT FIXTURE PLACEMENT

### Post-Op Instructions

#### Right After Your Implant Procedure

- Please do not eat before the local anaesthetic has worn off. If you feel discomfort, take analgesics as required but wait and see if you need them as they are often unnecessary.
- Eat and drink carefully, chewing on the other side of your mouth. Food and drink should not be too hot or too cold.
- Do not rinse for the first 24 hours and avoid the site with your toothbrush.
- Refrain from vigorous exercise: sit and rest as much as possible.
- Take the antibiotics as prescribed.

#### After 1 Day

- Gently rinse your mouth with warm salt water (half a teaspoon of salt in half a cup of warm water) 3 to 5 times a day, after meals and before bed in order to bathe and clean the implant area.
- Avoid the site with your toothbrush for 2 days.
- Continue taking the antibiotics.

#### After 2 Days

- Continue with the warm salt washes.
- Begin brushing the implant site very gently. Your body will be forming a natural seal around the implant and this needs clean healthy gums.

#### For The Next 6 Weeks

Treat the area like a broken leg. Do not put weight on it. Chew on the opposite side of your mouth and guard the affected area. We do not want the implant to be bumped or moved. Stability helps the bone to attach to the implant.

#### Your Next Appointments

Review and Removal of Stitches	Date:
Scan for Abutment and Crown	Date:
Deliver Implant Crown	Date:

If you have any questions or concerns, please do not hesitate to contact us.



## **BONE REGENERATION**

### Post-Op Instructions

#### **After Your Bone Regeneration Procedure Today**

- Please do not eat before the local anaesthetic has worn off. If you feel discomfort, take analgesics as required.
- Eat and drink carefully, chewing on the other side of the implant. Food and drink should not be too hot or too cold.
- Do not rinse for the next 24 hours and avoid the site with your toothbrush.
- Refrain from vigorous exercise: sit and rest as much as possible.
- Take the entire course of antibiotics as prescribed.

#### **Tomorrow**

- Gently rinse your mouth with warm salt water (half a teaspoon of salt in half a cup of warm water) 3 to 5 times a day, after meals and before bed in order to bathe and clean the implant area.
- Avoid the site with your toothbrush for 2 days.

#### **After 2 Days**

- Continue with the warm salt washes.
- Begin brushing the implant site very gently. You may notice some particles lifting away from the site over the next few days or weeks. These are from the surface seal we applied along with the suture. They can be irritating to the tongue but there is no need to be concerned.

#### **For The Next 6 Weeks**

Treat the area like a broken leg. Do not put weight on it. Chew on the opposite side of your mouth and guard the affected area.





## TAKING CARE OF YOUR DENTAL IMPLANT

You have invested your time and money on replacements for your missing tooth (or teeth). Implants have an excellent feature - they do not get tooth decay. They do however require ongoing care in order to maintain a healthy attachment to you.

### Your New Implant

The gums may be sore around the implant as they get used to the new abutment and crown. This should pass in a day or two. The bite on your implant may seem different, because it is. Implants lack a natural tooth's shock absorption and can feel jarring and hard. If this feeling does not lessen, the implant bite may need adjusting to ease the load. Please contact your Dental Implant Clinic if your implant does not settle in after a week. Overloaded implants are not good.

### Home Care

You can prevent plaque accumulation by gently brushing and cleaning between the teeth and implants using floss or interdental brushes. This in turn will prevent gum inflammation around the implant crown. It is important to maintain a healthy cuff of gum tissue around your implant as this is a barrier against inflammation and infection. The goals are pink healthy gums that do not hurt or bleed after each cleaning.

### Professional Care

Getting a check-up every 6 months, ongoing x-ray assessment, and regular professional cleaning are vital to long-term implant health. We assess the health of the gums, the underlying bone, and the bite. If there is early inflammation we can assist with oral hygiene and home care and hopefully regain oral health. If there is an infection around the implant, the implant may fail. There are treatments but they are unpredictable. So prevention, early detection, and early intervention are best.

### Loose Components

If any part of your implant becomes loose, please visit our Dental Implant Clinic for assessment and treatment. If you need to visit another clinic, take your implant passport with you and ask the clinic to pass on all relevant x-rays first. Every implant is different and the Dentist is best able to help if they have all the necessary information.

### Implant Passport

Keep it in a safe place for future reference if needed.